## The Travails and Tribulations of Growing Up - Counseling Adolescents

Aakalan, the learning center for IPH, Thane announces a 3 day Skill Training Workshop in

## The Travails and Tribulations of Growing Up - Counseling Adolescents

## Themes:

- Neurophysiology of Adolescence The Adolescent Brain
- Concept of the "The Adolescent Self"
- The Social Media Onslaught
- Relationships and Sexuality
- Risk taking behaviors in adolescents
- Suicide and self harm as an extension of risk taking

Focus: Cognitive, Emotive and Behavioral Therapeutic Interventions

Dates: 2nd, 3rd & 4th August 2019

Timing: 10 am to 5 pm

Course Fees: Rs.7,500/- for 3 days inclusive of Breakfast, Lunch & 2 tea/coffee.

Early bird discount - Rs.6,750/- per person (upto 10th July 2019)

Eligibility: Clinical and Counseling Psychologists, School Counselors, PG Psychology Students, Teachers, Psychiatrists and other Medical professionals.

**Faculty: The IPH Team** 

For Registration: Roopa: 9870600283-11 am to 6.00 pm. (Monday to Saturday)

Last date for registration: 25th July 2019

## Accommodation available on first come first served basis.

Participation in the workshop has to be confirmed on phone and email roopaiph@gmail.com

Registration can be done through NEFT, cash or D.D. payable to IPH Learning Centre

NEFT details

Bank Name: TJSB Sahakari Bank Limited

A/c No.: 003110100071038 Branch: Naupada Thane

IFSC Code of bank: TJSB0000003

Full name of beneficiary: IPH LEARNING CENTRE

Venue: Institute for Psychological Health, Shree Ganesh Darshan, 9th floor, Between Teen Petrol Pump and Hariniwas Circle, Opp. Maharashtra Plywood, LBS Marg, Thane (W)